

# Stamford

2026  
Town  Planner®



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with



and the  
select  
businesses  
inside



Photo by Harrison Gordon





# IDEAL SMILES

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**Natalia Silva, D.D.S.**

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For those who value exceptional care and refined results, **Ideal Smiles of Stamford** offers a dental experience that is both elevated and personal. Since opening its doors six years ago, Ideal Smiles of Stamford has become a trusted destination for patients of all ages seeking comprehensive dental care — from routine visits to advanced aesthetic and implant dentistry — all delivered with compassion, precision, and integrity.

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Ideal Smiles offers a full range of services under one roof — including general and preventative dentistry, cosmetic treatments, dental implants, Invisalign®, Lumineers®, Zoom!® whitening, surgical extractions, endodontics, and oral surgery. With state-of-the-art diagnostic technology and a strong emphasis on early prevention, patients benefit from timely, accurate care without the need for multiple referrals. It's a truly comprehensive, one-stop approach to oral health.

To ensure accessibility for every patient, Ideal Smiles of Stamford accepts most dental insurance plans, offers third-party financing, and provides flexible payment options. Whether you're here for a routine cleaning or a complete smile transformation, you'll receive personalized care tailored to your needs, lifestyle, and goals.

With advanced expertise, cutting-edge technology, and a warm, professional team, **Ideal Smiles of Stamford** is a practice you can count on — for every stage of life, and every kind of smile.



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email: [info@idealsmilesct.com](mailto:info@idealsmilesct.com)

## CONNECTING FAMILY, COMMUNITY, AND COMMERCE *Time Well Spent*

Time is one of our most valuable resources, and this year's calendar is designed to help you make the most of it - organizing your family's schedule, planning milestones, and enjoying what our community offers. Thoughtful planning reminds us to pause invest our time wisely in the people, places, and experiences that matter most.

This year marks special milestones — the 250th anniversary of our nation and our own 40th anniversary in business — milestones that highlight the importance of perspective, connection, and time well spent.

Through our community giving program, we support local charities with pro bono advertising and donations from our profits. Please reach out if you'd like to learn more.



**Helen Grace-Germain**  
Publisher/Owner • 203-869-2129  
[grace@townplanner.com](mailto:grace@townplanner.com)

*Wishing you all the best for 2026.*

**SHOP LOCAL. SPEND LOCAL. ENJOY LOCAL.**

## Fairfield County, Connecticut AND AMERICA'S 250TH ANNIVERSARY



**1776 - 2026: Honoring Our Past, Inspiring Our Future**

### Fairfield County's Role in the Revolution

- **The Burning of Fairfield (1779):** British General William Tryon burned the town to the ground in retaliation for patriot resistance. Many families lost their homes, yet the community rebuilt stronger.
- **Danbury Raid (1777):** Fairfield County supplied men to defend nearby Danbury when the British attacked and destroyed Continental Army provisions.
- **Battle of Ridgefield (1777):** General Benedict Arnold fought bravely against the British, earning temporary fame before his later betrayal.
- **Privateering & Coastal Raids:** Norwalk and Stamford became hubs of privateering, with patriots seizing British supply ships in Long Island Sound.
- **Patriot Leaders:** General Gold Selleck Silliman of Fairfield led militia forces but was captured in a Loyalist raid. His wife, Mary Silliman, carried on his work, managing the farm and supporting the patriot cause during his imprisonment.



### Did You Know?

- Fairfield County towns were attacked multiple times, making the region a frontline buffer between British New York and Patriot New England.
    - The county's coastline provided secret crossings for supplies and intelligence between Connecticut patriots and allies on Long Island.
  - After the Burning of Norwalk (1779), only a handful of houses survived — yet the people rebuilt with resilience
- Looking Toward 2026**
- Fairfield County will proudly mark the **Semiquincentennial** with programs, tours, and community celebrations.
- Honor our Revolutionary heroes
  - Explore Fairfield County's role in the birth of America
  - Celebrate 250 years of freedom and democracy

**From the Ashes of 1779 to the Freedom of 2026 - Fairfield County Remembers.**

## Honoring 40 Years of Town Planner Calendars: 1987-2026



This year, we celebrate 40 years of Town Planner calendars — a milestone reflecting decades of connecting families with local businesses, events, and community resources. For four decades, our free calendars have helped people plan their lives while discovering the best our towns have to offer. Now, with [townplanner.com](http://townplanner.com), that connection extends online, making it even easier to stay engaged with the community wherever you are.





January 2026



Photo by Steve Labkoff



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 SCAN FOR EVENTS			<p>Buying, Selling or Investing?</p> <p><i>Luxury</i></p> <p>FIONA PORTER</p> <p>276 POST RD W WESTPORT 203.434.0493</p> 	<p>1 New Year's Day</p>   • New Years Day - Schools Closed	<p>2 Swiss Cheese Day</p>  • Public Schools Holiday - Schools closed	<p>3 Chocolate Covered Cherry Day O Full Moon</p>
4 Trivia Day	5 Whipped Cream Day	6 Cuddle Up Day	7 Orthodox Christmas	8 Bubble Bath Day	9 Law Enforcement Appreciation Day	10 Houseplant Appreciation Day
11 International Thank You Day	12 Pharmacist Day	13 Rubber Duckie Day	14 Dress Up Your Pet Day	15 Quarterly Est. Tax Due	16 International Hot & Spicy Food Day	17 Kid Inventors Day
<p>Freedom: "FREEDOM IS NEVER MORE THAN ONE GENERATION AWAY FROM EXTINCTION." - Ronald Reagan</p>						
18 Gourmet Coffee Day ● New Moon	19  Martin Luther King, Jr. Day	20 Cheese Lovers Day	21 International Sweatpants Day	22 Hot Sauce Day	23 National Pie Day	24 Peanut Butter Day
25 Opposite Day	26 Spouses Day • MLK Jr. Day - Schools Closed	27 International Holocaust Remembrance Day	28 LEGO™ Day	29 Puzzle Day	30 Croissant Day	31 Hot Chocolate Day
• Early Release - STUDENTS / PD						

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YEARS  
ANNIVERSARY

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FEBRUARY 2026						
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Dr. Yael Shapira-Lishchinsky is an Associate Professor at the School of Social Work, Bar Ilan University, Ramat Gan, Israel. She has a Ph.D. in Social Work from Bar Ilan University and a postdoctoral fellowship from the National Institute of Mental Health, Bethesda, Maryland, USA. Her research interests include the mental health of immigrants, the impact of trauma on mental health, and the role of social support in mental health recovery.



**FEB**  
**2026**

MARCH 2026						
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Photo by Scott Chiappetta

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 World Compliment Day	2 Egg McMuffin Day	3 Canadian Bacon Day O Full Moon	4 Grammar Day	5 Cheese Doodle Day	6 Oreo Cookie Day	7 National Cereal Day
8 Daylight Saving Time Begins	9 Meatball Day	10 Pack Your Lunch Day	11 Dream Day	12 Girl Scout Day	13 K-9 Veterans Day	14 Pi Day
15 Shoe the World Day	16 Freedom of Information Day	17 St. Patrick's Day	18 Sloppy Joe Day ● New Moon	19 Ramadam ends	20 1st Day of Spring	21 Single Parent Day
22 World Water Day	23 Puppy Day	24 Chocolate Covered Raisin Day	25 Medal of Honor Day	26 Purple Day	27 National Scribble Day	28 Something on a Stick Day
29	30 National Doctor's Day	31 Crayon Day	• Early Release - STUDENTS / PD			

Democracy: "GOVERNMENT BY THE PEOPLE, FOR THE PEOPLE." - Abraham Lincoln



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MAR 2026

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APRIL 2026

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evolution physical therapy

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SCAN FOR EVENTS



# Household To-Do List!

Keep your home running smoothly with this checklist, contact a trusted local business from the Town Planner if you need a new provider.

### Weekly:

- Cleaning/change linens

### Monthly:

- Deep clean fridge, microwave and oven
- Check for expired food/medications

### Spring:

- Clean windows
- Run generator
- Service air conditioning
- Change dryer, hood and microwave filters
- Spray for mosquitoes/other
- Book exterior paint touch ups
- Mulch garden beds
- Fertilize lawn

### Summer:

- Check roof for maintenance/repairs
- Reseal deck (every two years)
- Seal/Reseal driveway (every 3 years)

### Fall:

- Clear gutters
- Check septic tank
- Fall yard cleanup
- Clean carpets (every two years)

### Winter:

- Check furnace
- Service heating system
- Change smoke detector batteries
- Flush hot water tank
- Sweep chimney

Follow this calendar online:

Don't miss local business offers in the calendar and online at [townplanner.com](http://townplanner.com)!



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- Ralph Waldo Emerson

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 SCAN FOR EVENTS			1 Passover begins April Fool's Day	2 Burrito Day	3 Good FridayOrthodox Easter	4 Vitamin C Day
5 Easter	6 Caramel Popcorn Day	7 No Housework Day	8 Zoo Lovers Day	9 Passover ends	10 Sibling Day	11 Pet Day
12 Orthodox Easter	• Spring Recess 13 Scrabble Day	• Spring Recess 14 National Dolphin Day	• Spring Recess 15 2025 Tax Return Due and Estimated Tax Due	• Spring Recess 16 Orchid Day	• Spring Recess 17 Bat Appreciation Day • New Moon	18 Husband Appreciation Day
19 Garlic Day	20 Look Alike Day	21 Bulldogs Are Beautiful Day	22 Earth Day	23 Take Your Kids to Work Day	24 Arbor Day	25 World Penguin Day
26 Pretzel Day	27 Morse Code Day	28 Superhero Day	• Early Release - STUDENTS / PD 29 International Dance Day	30 Adopt a Shelter Pet Day	<div><p>Outstanding peer-led programs providing free education, skills training and support. 203-400-6264 (not a crisis line) namisouthwestct@gmail.com namisouthwestct.org</p></div> <div><p>evolution physical therapy 203.309.1209 4 Largo Drive • Stamford</p></div>	



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MAY 2026						
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YOUR COMMUNITY CALENDAR  
STAMFORD  
May 2026



Photo by Nanci Natale

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <b>SCAN FOR EVENTS</b>				<div>Buying, Selling or Investing? <i>Luxury</i> FIONA PORTER 276 POST RD W WESTPORT 203.434.0493</div>	<b>1</b> Batman Day ○ Full Moon	<b>2</b> Life Insurance Day
<b>3</b> International Sun Day	<b>4</b> Star Wars Day: May the 4th Be With You	<b>5</b> Cinco de Mayo	<b>6</b> Nurses Day	<b>7</b> Barrier Awareness Day	<b>8</b> National Student Nurse Day	<b>9</b> Lost Sock Memorial Day
<b>10</b> Mother's Day	<b>11</b> Twilight Zone Day	<b>12</b> Limerick Day	<b>13</b> Frog Jumping Day	<b>14</b> International Chihuahua Appreciation Day	<b>15</b> Chocolate Chip Day	<b>16</b> Armed Forces Day
<div>Independence: "WE HOLD THESE TRUTHS TO BE SELF-EVIDENT... THAT THEY ARE ENDOWED BY THEIR CREATOR WITH CERTAIN UNALIENABLE RIGHTS..." - Declaration of Independence</div>						
<b>17</b> Cherry Cobbler Day	<b>18</b> Visit Your Relatives Day	<b>19</b> Devil's Food Cake Day	<b>20</b> World Bee Day	<b>21</b> Talk Like Yoda Day	<b>22</b> Solitaire Day	<b>23</b> World Turtle Day
<b>24</b> Brothers Day	<b>25</b> Memorial Day	<b>26</b> Paper Airplane Day	<b>27</b> Sunscreen Day	<b>28</b> Hamburger Day	<b>29</b> Paper Clip Day	<b>30</b> National Creativity Day
<b>31</b> Smile Day ○ Full Moon						
• Memorial Day - Schools Closed		• Early Release - STUDENTS / PD				



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MAY  
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**JUNE 2026**

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	1 World Milk Day	2 Leave the Office Early Day	3 Repeat Day Repeat Day	4 Cheese Day	5 Donut Day	6 D-Day Remembrance
7 Chocolate Ice Cream Day	8 Best Friends Day	9 Donald Duck Day	10 Black Cow Day	11 Corn on the Cob Day	12 National Loving Day	13 Weed Your Garden Day
14 Flag Day	15 Quarterly Est. Tax Due	16 Fudge Day • New Moon	17 Eat Your Vegetables Day	18 Go Fishing Day • Tentative* early release, students	19 Juneteenth	20 American Eagle Day
21 Father's Day 1st Day of Summer	22 Onion Ring Day • Tentative* early release, last day all	23 Hydration Day	24 Swim a Lap Day	25 Strawberry Parfait Day	26 Take Your Dog to Work Day	27 National Ice Cream Cake Day
28 Paul Bunyan Day	29 Camera Day O Full Moon	30 Meteor Watch Day				



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YOUR COMMUNITY CALENDAR  
STAMFORD

July 2026



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 SCAN FOR EVENTS			1 Postal Workers Day	2 Made in the USA Day	3 Stay Out of the Sun Day	4 250th Anniversary Independence Day On the steps of the Hoyt-Barnum House, 10am-12pm Independence Day tradition features dramatic readings from the Declaration of Independence.
5 Graham Crackers Day	6 Fried Chicken Day	7 World Chocolate Day	8 Video Games Day	9 Sugar Cookie Day	10 Pina Colada Day	11 Pet Photo Day
12 Different Colored Eyes Day	13 French Fry Day	14 Cow Appreciation Day • New Moon	15 Give Something Away Day	16 National Cherry Day	17 World Emoji Day	18 Nelson Mandela Day
19 Ice Cream Day	20 Lollipop Day	21 Be Someone Day	22 Hammock Day	23 Gorgeous Grandma Day	24 Drive-Thru Day	25 Hire a Veteran Day
26 All or Nothing Day	27 Take Your Pants for a Walk Day	28 Buffalo Soldiers Day	29 Chicken Wing Day ○ Full Moon	30 Father-in-Law Day	31 Avocado Day	

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AUGUST 2026						
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Photo by Nanci Natale

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 SCAN FOR EVENTS						1 Girlfriend Day
2 Friendship Day	3 Watermelon Day	4 National Night Out	5 National Oyster Day	6 Rootbeer Float Day	7 Lighthouse Day	8 Frozen Custard Day
9 Book Lovers Day	10 Lazy Day	11 Son & Daughter Day	12 World Elephant Day ● New Moon	13 Lefthanders Day	14 Creamsicle Day	15 International Adopt a Pet Day
16 Roller Coaster Day ○ Full Moon	17 Non-Profit Day	18 Fajita Day	19 Soft Ice Cream Day	20 Radio Day	21 Senior Citizens Day	22 Be an Angel Day
23 Ride the Wind Day	24 Waffle Day	25 Secondhand Wardrobe Day	26 National Dog Day	27 Just Because Day	28 Rainbow Bridge Remembrance Day	29 According to Hoyle Day
30 Toasted Marshmallow Day	31 Eat Outside Day					



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 SCAN FOR EVENTS		1 No Rhyme or Reason Day	2 VJ Day	3 Skyscraper Day	4 Wildlife Day	5 Cheese Pizza Day
6 Read a Book Day	7 Labor Day 	8 Star Trek Day	9 Teddy Bear Day	10 National Swap Ideas Day ● New Moon	11 9/11 Remembrance Rosh Hashanah begins 	12 National Day of Encouragement
13 Rosh Hashanah ends Grandparents' Day	14 Eat a Hoagie Day	15 Quarterly Est. Tax Due	16 Guacamole Day	17 International Country Music Day	18 Cheeseburger Day	19 Talk Like a Pirate Day
Stars & Stripes: "I PLEDGE ALLEGIANCE TO THE FLAG OF THE UNITED STATES OF AMERICA..." - U.S. Pledge of Allegiance						
20 Yom Kippur begins	21 World Gratitude Day	22 Ice Cream Cone Day	23 1st Day of Autumn 	24 Punctuation Day	25 Daughters Day	26 National Dumpling Day ○ Full Moon
27 Chocolate Milk Day	28 Sons Day	29 Coffee Day	30 Chewing Gum Day			Buying, Selling or Investing?  FIONA PORTER 276 POST RD W WESTPORT 203.434.0493 

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October 2026



Photo by Harrison Gordon



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- Albert Einstein



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 SCAN FOR EVENTS				1 Homemade Cookies Day	2 World Smile Day	3 Boyfriend Day
4 Taco Day	5 Be Nice Day	6 National Coaches Day	7 Coffee With A Cop Day	8 World Sight Day	9 Curious Events Days	10 World Mental Health Day ● New Moon
11 Sausage Pizza Day	12 Columbus Day	13 International Skeptics Day	14 Dessert Day	15 Cheese Curd Day	16 World Food Day	17 Sweetest Day
Constitution: "WE THE PEOPLE OF THE UNITED STATES, IN ORDER TO FORM A MORE PERFECT UNION..." - U.S. Constitution						
18 Chocolate Cupcake Day	19 Evaluate Your Life Day	20 International Chefs Day	21 Loud Shirt Day	22 Smart is Cool Day	23 Croc Day	24 United Nations Day
25 Mother-In-Law Day	26 Howl at the Moon Night ○ Full Moon	27 Mentoring Day	28 First Responders Day	29 Cat Day	30 Candy Corn Day	31 Halloween 🎃

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November 2026



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Daylight Saving Time Ends	2 Deviled Egg Day	3 General Election Day	4 Use Your Common Sense Day	5 Donut Day	6 Nachos Day	7 Bison Day
8 Parents as Teachers Day	9 World Freedom Day	10 Forget Me Not Day	11 Veterans Day	12 French Dip Day	13 World Kindness Day	14 World Diabetes Day
15 America Recycles Day	16 Odd Socks Day	17 Homemade Bread Day	18 Princess Day	19 Play Monopoly Day	20 Absurdity Day	21 World Hello Day
22 Go for a Ride Day	23 Cashew Day	24 Celebrate Your Unique Talent Day	25 Parfait Day	26 Thanksgiving Day	27 Black Friday	28 Small Business Saturday
29 Throw Out Your Leftovers Day	30 Cyber Monday					



SCAN FOR EVENTS



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December2026



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- Ralph Waldo Emerson

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 SCAN FOR EVENTS	<div>Buying, Selling or Investing?</div> <div> FIONA PORTER 276 POST RD W WESTPORT 203.434.0493</div>	1 Giving Tuesday	2 World Pollution Prevention Day	3 Make a Gift Day	4 Chanukah begins	5 World Soil Day
6 St. Nicholas Day	7 Pearl Harbor Remembrance Day	8 Brownie Day	9 Christmas Card Day	10 Nobel Prize Day	11 National App Day	12 Chanukah ends
13 Cocoa Day	14 Monkey Day	15 Cupcake Day	16 Chocolate Covered Anything Day	17 Wright Brothers Day	18 Ugly Sweater Day	19 Hard Candy Day
20 Go Caroling Day	21 1st Day of Winter	22 Cookie Exchange Day	23 National Roots Day	24 Christmas Eve	25 Christmas Day	26 Boxing Day
27 Make Cut-Out Snowflakes Day	28 Card Playing Day	29 Tick Tock Day	30 Bacon Day	31 New Year's Eve		

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Beyond support groups, we provide an 8-week Family-to-Family educational course to help families better support themselves and their loved ones, host a monthly virtual book club, and bring in speakers for community events—all free and open to everyone.

Whether you're seeking support, want to volunteer, or simply want to learn more, there's a place for you here. Become a member today and help us build a community where everyone affected by mental illness can find hope, help, and acceptance.

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**203-400-NAMI (6264) - not a crisis line**  
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## Important Dates to mark on your 2027 Calendar!

A vertical sheet of lined paper with a faint American flag pattern in the background. The flag features a large white star on a blue field in the upper left corner, and horizontal stripes in white and light pink below it. The paper has horizontal ruling lines.

# JANUARY

# 2027

Sun Mon Tue Wed Thu Fri Sat

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31



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